

When Jodie's parents followed their pediatrician's advice and turned off the TV... Wonderful Things Happened!



**Children who watch less TV have increased attention span,
greater language development and stronger literacy skills.
They are less aggressive, nag less and have a reduced risk of obesity.**



The American Academy of Pediatrics recommends no television or videos for children under the age of two (and no more than two hours per day of educational and non-violent programs for older children). The AAP knows that studies show turning off the TV will improve your child's development and well-being.

CCFC-QC • 3707 Eastern Avenue • Davenport, IA 52807 • Phone: 563-359-0816

Sponsors: CCFC-QC • Illinois AAP
Iowa Psychological Foundation • Iowa State University Extension
Social Outreach Committee of the Unitarian Church, Davenport

